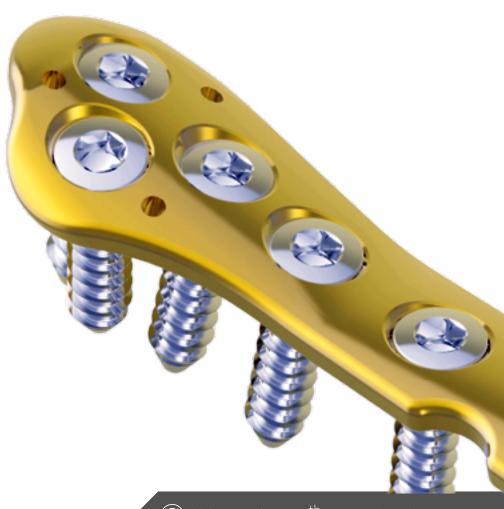
# ANKLESYSTEM

Fibula Locking Plate System





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# ANKLE

FIBULA LOCKING PLATE

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HNM Total Recon is committed in providing surgeons and health care professionals with advanced surgical solutions for effective and time-saving treatment of their patients. Our most important task is meeting surgeons' needs. We accomplish this by creating key partnerships and driving innovative product development.





### **HNM FIBULA LOCKING**

## PLATE

#### **INDICATIONS**

HNM FibulaLocking Plate System is intended for use in temporary internal fixation and stabilization of fractures, osteotomies, and non-unions of the distal fibula.

#### **PRODUCT OVERVIEW**

#### Plate Specifications

| ITEM#                        | Thickness | Length     | Holes on the shaft | Color | Material           |
|------------------------------|-----------|------------|--------------------|-------|--------------------|
| Lateral Distal Fibula Plates | 2.0mm     | 62 - 122mm | 3 - 8              | Gold  | Pure Titanium Gr.4 |
| Straight Distal Fibula       | 2.0mm     | 38 - 122mm | 3 - 10             | Blue  | Pure Titanium Gr.4 |
| Plates                       |           |            |                    |       |                    |

#### **Screw Specifications**

| PLATES          | Thickness | Length     | Holes on the shaft | Color | Material           |
|-----------------|-----------|------------|--------------------|-------|--------------------|
| Locking screws  | 2.0mm     | 62 - 122mm | 3 - 8              | Gold  | Pure Titanium Gr.4 |
| Cortical Screws | 2.0mm     | 38 - 122mm | 3 - 10             | Blue  | Pure Titanium Gr.4 |
| (Non-Locking)   |           |            |                    |       |                    |

#### **Color Coding**

Locking Screws : Silver Lateral Fibula Plates: Gold Cortical Screws : Silver Straight Fibula Plates : Blue

#### Materials of Implants:

All plates are made from pure titanium material in conformity with ASTM F67. All screws are made from titanium alloy material in conformity with ASTM F136. The titanium is an ideal material for implant. It is biocompatible, corrosion resistant, and non-toxic in biological environment.



## **SCREW**

# Head Recess

Self-retaining Hexagonal Recess for connection between Screw Head and Screwdriver Shaft



Cortical Screw Non-Locking)



**Locking Screw** 

#### **SCREW OPTIONS**

Self-tapping Cortical Screws : Length 10 ~ 70mm Self-tapping Locking Screws : Length 10 ~ 50mm

Outer Diameter: Ø 3.5mm



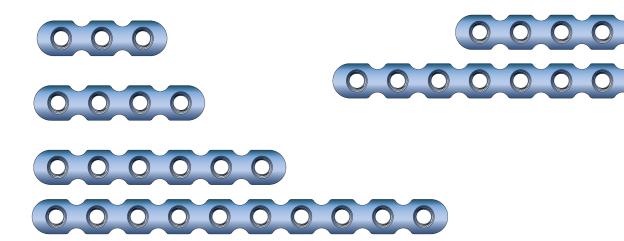
### 12 LATERAL DISTAL FIBULA LOCKING PLATES FOR LEFT AND RIGHT FIBULAS.



PLATE

**OPTIONS** 

6 STRAIGHT DISTAL FIBULA LOCKING PLATES





### **FEATURES**

# & BENEFITS



#### **ANATOMICALLY PRE-CONTOURED PLATE DESIGN**

The pre-contoured ARIX Fibula plates fit the average shape of the distal fibula and thus requires minimal plate bending. Additional bending of distal fibula plates could be needed depending on patients' bone anatomy. Plate bendingcanbedonebyusingthePlateBender(111-088)

#### **CLUSTERING OF DISTAL SCREWS**

Multiple distal screws on the head of the lateral plate enable stable periarticular fixation by providing multiple points of fixation in fractures with multiple fragments or limited distal bone stock.





#### **ANATOMICAL TWIST BODY** OF THE LATERAL PLATE

Anatomical twist body of the lateral plate to accommodate the lateral anatomy of the distal fibula.





### BENEFITS OF LOCKING PLATING SYSTEM

Locking plate and screw system provides more stable fixation than conventional plate and screw system. Locking screws will not be loosened from the plate during the healing process. Locking screws do not rely on bone to plate compression. A fixed angle construct can be created by using locking screws in osteopenic bone or multi- fragmentary fractures where secure bone purchase with conventional screws may be compromised.

### POLY-AXIAL LOCKING SYSTEM

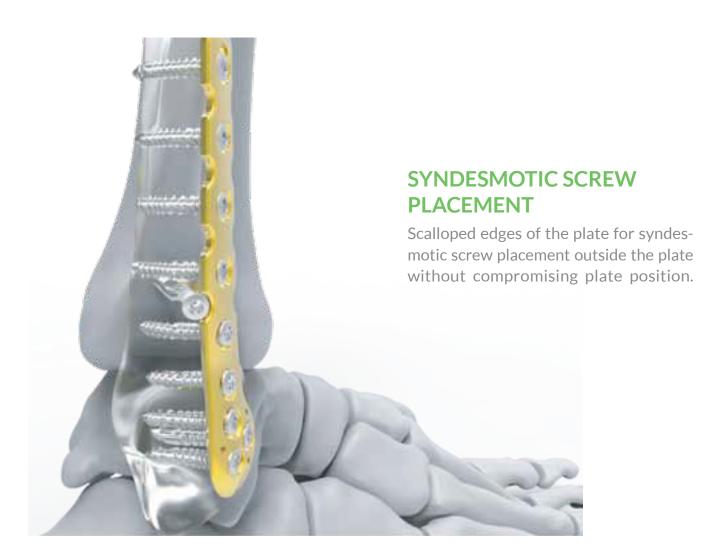
The poly-axial hole of a plate accepts locking or cortical screws as surgical needs. Locking screws as well as cortical screws can be inserted in ±10° with respect to the plate in any direction.





#### GUIDE PIN HOLES FOR TEMPORARY PLATE FIXATION

The Guide pin holes in the head of the lateral plate accept up to 1.6mm Guide Pin. Guide pins can be placed for temporary maintenance of bone reduction and provisional plate fixation.





#### **FIXED ANGLE DRILL SLEEVE**

Helps to drill a pilot hole in the nominal trajectory of each locking hole. Scales are marked on the drill guide & bit for prompt depth measurement without the help of a depth gauge.



#### **VARIABLE ANGLE DRILL GUIDE**





#### ORDERING INFORMATION PLATES

#### STRAIGHT DISTAL FIBULA LOCKING PLATES

**Common Dimensions** 

Thickness of Shaft: 2.0 mm

Plate Color: Blue



35-DLST-003 Straight Distal Fibula Locking Plate, Length 38mm, 3

Holes



35-DLST-004 Straight Distal Fibula Locking Plate, Length 50mm, 4 Holes



35-DLST-005 Straight Distal Fibula Locking Plate, Length 62mm, 5 Holes



35-DLST-006

Straight Distal Fibula Locking Plate, Length 74mm, 6 Holes

35-DLST-008



Straight Distal Fibula Locking Plate, Length 98mm, 8 Holes



35-DI ST-010

Straight Distal Fibula Locking Plate, Length 122mm, 10 Holes



#### LATERAL DISTAL FIBULA LOCKING PLATES



Lateral Distal Fibula Locking Plate, Left, Length 62mm, 3 Shaft Holes



Lateral Distal Fibula Locking Plate, Right, Length 62mm, 3 Shaft Holes

#### COMMON DIMENSIONS

Thickness of Shaft: 2.0 mm Thickness of Distal End: 1.6mm Width of Shaft: 7mm Distal Holes: 4 Holes Plate Color: Gold



Lateral Distal Fibula Locking Plate, Left, Length 74mm, 4 Shaft Holes



Lateral Distal Fibula Locking Plate, Right, Length 74mm, 4 Shaft Holes



Lateral Distal Fibula Locking Plate, Left, Length 86mm, 5 Shaft Holes



Lateral Distal Fibula Locking Plate, Right, Length 86mm 5 Shaft Holes



Lateral Distal Fibula Locking Plate, Left, Length 98mm, 6 Shaft Holes





Lateral Distal
Fibula Locking Plate, Left,
Length 110mm,
7 Shaft Holes

Lateral Distal Fibula Locking Plate, Right, Length 98mm, 6 Shaft Holes



Lateral Distal
Fibula Locking Plate, Left,
Length 122mm,
8 Shaft Holes



Lateral Distal Fibula Locking Plate, Right, Length 110mm, 7 Shaft Holes

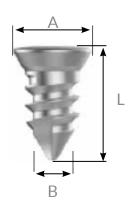


Lateral Distal
Fibula Locking Plate, Right,
Length 122mm,
8 Shaft Holes



#### 3.5MM SELF-TAPPING CORTICAL SCREWS (NON-LOCKING)





Unit:mm

| Item#     | Head Diameter (A) | Outer Diameter (B) | Length (L) |
|-----------|-------------------|--------------------|------------|
| 35-FC-010 |                   |                    | 10         |
| 35-FC-012 |                   |                    | 12         |
| 35-FC-014 |                   |                    | 14         |
| 35-FC-016 |                   |                    | 16         |
| 35-FC-018 |                   |                    | 18         |
| 35-FC-020 |                   |                    | 20         |
| 35-FC-022 |                   |                    | 22         |
| 35-FC-024 |                   |                    | 24         |
| 35-FC-028 |                   |                    | 28         |
| 35-FC-032 | ø5.0              | ø3.5               | 32         |
| 35-FC-036 |                   |                    | 36         |
| 35-FC-040 |                   |                    | 40         |
| 35-FC-045 |                   |                    | 45         |
| 35-FC-050 |                   |                    | 50         |
| 35-FC-055 |                   |                    | 55         |
| 35-FC-060 |                   |                    | 60         |
| 35-FC-065 |                   |                    | 65         |
| 35-FC-070 |                   |                    | 70         |
|           |                   |                    |            |

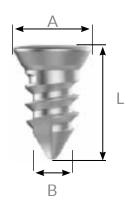


#### 3.5MM SELF-TAPPING LOCKING SCREWS

#### Unit:mm

| ì |           |                   |                    |            |
|---|-----------|-------------------|--------------------|------------|
|   | Item#     | Head Diameter (A) | Outer Diameter (B) | Length (L) |
| ı | 35-FC-010 |                   |                    | 10         |
|   | 35-FC-012 |                   |                    | 12         |
|   | 35-FC-014 |                   |                    | 14         |
|   | 35-FC-016 |                   |                    | 16         |
|   | 35-FC-018 |                   |                    | 18         |
|   | 35-FC-020 |                   |                    | 20         |
|   | 35-FC-022 |                   |                    | 22         |
|   | 35-FC-024 |                   |                    | 24         |
|   | 35-FC-028 |                   |                    | 28         |
|   | 35-FC-032 | Ø5.0              | Ø3.5               | 32         |
|   | 35-FC-036 |                   |                    | 36         |
|   | 35-FC-040 |                   |                    | 40         |
|   | 35-FC-045 |                   |                    | 45         |
|   | 35-FC-050 |                   |                    | 50         |
|   | 35-FC-055 |                   |                    | 55         |
|   | 35-FC-060 |                   |                    | 60         |
|   | 35-FC-065 |                   |                    | 65         |
|   | 35-FC-070 |                   |                    | 70         |
|   |           |                   |                    |            |







#### ORDERING INFORMATION INSTRUMENTS



111-089 Drill Guide for Ø2.7mm Drill Bit



111-087 Fixed Angle Drill Sleeve for Ø2.7mm Drill bit



111-063 Screwdriver Handle



Guide for Ø3.6 & Ø2.7mm Drill Bit



111-086 Depth Gauge



111-096 Guide Pin Dispenser

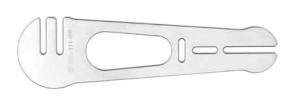




BD-05
Grasping Forceps



114-009
Grasping Forceps, Optional



**111-088** Bender





112-087

Fibula Locking Plate System Container



112-35-603

Drill Bit Ø2.7mm for 3.5mm Screws



112-35-603

Drill Bit Ø2.7mm for 3.5mm Screws



112-35-601-L

Drill Bit Ø3.6mm for Lag Screw Technique



#### **SET CONF IGURATION SUGGESTION**

Implants (Screws)

ARIX ANKLE Ø3.5 Fibular Locking Plate

Unit:mm

| ARIX AINKLE 9 | OTIIL.IIIIII                       |              |
|---------------|------------------------------------|--------------|
| Item#         | Description                        | Set Quantity |
| 35L-HF-010    | 3.5 Locking Screw, Length 10mm     | 10           |
| 35L-HF-012    | 3.5 Locking Screw, Length 12mm     | 15           |
| 35L-HF-014    | 3.5 Locking Screw, Length 14mm     | 15           |
| 35L-HF-016    | 3.5 Locking Screw, Length 16mm     | 15           |
| 35L-HF-018    | 3.5 Locking Screw, Length 18mm     | 10           |
| 35L-HF-020    | 3.5 Locking Screw, Length 20mm     | 10           |
| 35L-HF-022    | 3.5 Locking Screw, Length 22mm     | 10           |
| 35L-HF-024    | 3.5 Locking Screw, Length 24mm     | 10           |
| 35L-HF-028    | 3.5 Locking Screw, Length 28mm     | 10           |
| 35L-HF-032    | 3.5 Locking Screw, Length 32mm     | 10           |
| 35L-HF-036    | 3.5 Locking Screw, Length 36mm     | 5            |
| 35L-HF-040    | 3.5 Locking Screw, Length 40mm     | 5            |
| 35L-HF-045    | 3.5 Locking Screw, Length 45mm     | 5            |
| 35L-HF-050    | 3.5 Locking Screw, Length 50mm     | 5            |
| 35-FC-010     | 3.5 Non-Locking Screw, Length 10mm | 8            |
| 35-FC-012     | 3.5 Non-Locking Screw, Length 12mm | 8            |
| 35-FC-014     | 3.5 Non-Locking Screw, Length 14mm | 8            |
| 35-FC-016     | 3.5 Non-Locking Screw, Length 16mm | 8            |
| 35-FC-018     | 3.5 Non-Locking Screw, Length 18mm | 8            |
| 35-FC-020     | 3.5 Non-Locking Screw, Length 20mm | 8            |
| 35-FC-022     | 3.5 Non-Locking Screw, Length 22mm | 8            |
| 35-FC-024     | 3.5 Non-Locking Screw, Length 24mm | 8            |
| 35-FC-028     | 3.5 Non-Locking Screw, Length 28mm | 8            |
| 35-FC-032     | 3.5 Non-Locking Screw, Length 32mm | 4            |
| 35-FC-036     | 3.5 Non-Locking Screw, Length 36mm | 4            |
| 35-FC-040     | 3.5 Non-Locking Screw, Length 40mm | 4            |
| 35-FC-045     | 3.5 Non-Locking Screw, Length 45mm | 4            |
| 35-FC-050     | 3.5 Non-Locking Screw, Length 50mm | 4            |
| 35-FC-055     | 3.5 Non-Locking Screw, Length 55mm | 4            |
| 35-FC-060     | 3.5 Non-Locking Screw, Length 60mm | 4            |
| 35-FC-065     | 3.5 Non-Locking Screw, Length 65mm | 4            |
| 35-FC-070     | 3.5 Non-Locking Screw, Length 70mm | 4            |

#### **SET CONF IGURATION SUGGESTION**

Implants (Plates)

ARIX ANKLE Ø3.5 Fibular Locking Plate

| Item#         | Description  | Set Quantity |
|---------------|--|--------------|
| 35-DLFI-003-L | Lateral Distal Fibula, Left, Length 62mm, 3 Shaft Holes      | 3            |
| 35-DLFI-004-L | Lateral Distal Fibula, Left, Length 74mm, 4 Shaft Holes      | 3            |
| 35-DLFI-005-L | Lateral Distal Fibula, Left, Length<br>86mm, 5 Shaft Holes   | 3            |
| 35-DLFI-006-L | Lateral Distal Fibula, Left, Length<br>98mm, 6 Shaft Holes   | 3            |
| 35-DLFI-007-L | Lateral Distal Fibula, Left, Length<br>110mm, 7 Shaft Holes  | 3            |
| 35-DLFI-008-L | Lateral Distal Fibula, Left, Length<br>122mm, 8 Shaft Holes  | 3            |
| 35-DLFI-003-R | Lateral Distal Fibula, Right, Length 62mm, 3 Shaft Holes     | 3            |
| 35-DLFI-004-R | Lateral Distal Fibula, Right, Length<br>74mm, 4 Shaft Holes  | 3            |
| 35-DLFI-005-R | Lateral Distal Fibula, Right, Length<br>86mm, 5 Shaft Holes  | 3            |
| 35-DLFI-006-R | Lateral Distal Fibula, Right, Length<br>98mm, 6 Shaft Holes  | 3            |
| 35-DLFI-007-R | Lateral Distal Fibula, Right, Length<br>110mm, 7 Shaft Holes | 3            |
| 35-DLFI-008-R | Lateral Distal Fibula, Right, Length<br>122mm, 8 Shaft Holes | 3            |
| 35-DLST-003   | Straight Distal Fibula, Length 38mm, 3<br>Holes              | 3            |
| 35-DLST-004   | Straight Distal Fibula, Length 50mm, 4<br>Holes              | 3            |
| 35-DLST-005   | Straight Distal Fibula, Length 62mm, 5<br>Holes              | 3            |
| 35-DLST-006   | Straight Distal Fibula, Length 74mm, 6<br>Holes              | 3            |
| 35-DLST-008   | Straight Distal Fibula, Length 98mm, 8<br>Holes              | 3            |
| 35-DLST-010   | Straight Distal Fibula, Length 122mm,<br>10 Holes            | 3            |

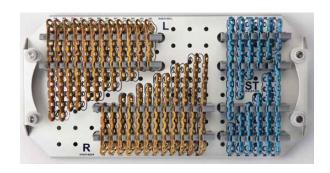


#### SET CONFIGURATION SUGGESTION

Ø3.5 Fibular Locking Plate



Instruments for Distal Fibula Plates and Screws



Lateral Distal Fibula Plates and Straight Distal Fibula Plates



Ø3.5 Locking and Cortical Screws

# HNM::3 TOTAL RECON

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